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**September 2019**

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# Brunswick Village

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RCFE Lic. No. 292700174

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## COURTYARD CAMPOUT

FRIDAY, SEPTEMBER 27TH

6 : 30PM



S'MORES, CAMPFIRE STORIES  
AND FUN!



### Upcoming Events

#### September 9

Non-denominational  
Church Service

#### September 11

9/11 Memorial Outing

#### September 15

InConcert Sierra Outing

#### September 20

Harvest Fair Outing

#### September 27

Lazy Dog Ice Cream Cart

Cancer Screening  
Presentation

Livin' the Dream Courtyard  
Campout

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### 🎵 Live Music 🎵

**September 5** – Will Eger

**September 7** – Christin  
Hunt

**September 19** –  
Cowboy Curt

**September 26** – Billy  
Bensing

## **Department News**

### **A Message from Kristen Day, Vibrant Life Director**

We have new Vibrant Life Assistant! Kassie will be joining us from the Culinary Services department; please join me as we welcome Kassie to the Vibrant Life team. Beginning mid-September, Kassie will be hosting weekend activities and some during the week; bringing us back to a full, 7-day activity schedule.

### **A Message from Meghan Garn, Culinary Services Director**

As Kassie transitions into up into Vibrant Life, we are welcoming two new employees in the dining room. You've most likely met Susan, as she has been here for about a month, but we will also welcome a young man named Noah who will fill a server position.

### **A Message from Marlene McCrary, Health Services Director**

#### ***Married Four Times***

The local news station was interviewing an 80-year-old lady because she had just gotten married for the fourth time.

The interviewer asked her questions about her life, about what it felt like to be marrying again at 80, and then about her new husband's occupation. "He's a funeral director," she answered. "Interesting," the newsman thought... He then asked her if she wouldn't mind telling him a little about her first three husbands and what they did for a living.

She paused for a few moments, needing time to reflect on all those years. After a short time, a smile came to her face and she answered proudly, explaining that she had first married a banker when she was in her 20's, then a circus ringmaster when in her 40's, and a preacher when in her 60's, and now - in her 80's - a funeral director.

The interviewer looked at her, quite astonished, and asked why she had married four men with such diverse careers.

She smiled and explained, "I married one for the money, two for the show, three to get ready, and four to go."



## **Staff Directory**

### **Executive Director**

Kristie Laine

### **Business Office Director**

Faith Brown

### **Health Services Director**

Marlene McCrary

### **Building Services Director**

Clayton Fowler

### **Vibrant Life Director**

Kristen Day

### **Culinary Services Director**

Meghan Garn

### **Generations Program Coordinator**

Ashly Yates

## Memories with OneDay

We are reintroducing the **OneDay** program; an opportunity to record your memories. OneDay asks many great questions, organized in many different categories, about your childhood, your school days, your marriage, raising your children and unique seasonal questions (holiday traditions, special summer vacations, etc). This is the perfect way to preserve your memories for generations to come! Come check it out on Sundays and Thursdays at 11:00am.

## Non-denominational Church Services

Pastors Dennis and Dan will be here **Monday, September 9th** at 11:00am. Please join them for a little bible study, a little more music and a lot of inspiration.

## Resident Council

Your September **Resident Council Meeting** will take place on Wednesday, September 11th at 4:00pm in the Vibrant Life Activity Room.

## New Fitness Schedule

We are excited to settle into our new ♥**Be Well**♥ fitness schedule this month. Please note the new routine:

Fitness with Marcie • Monday & Friday • 9:30am  
Qigong with Dolores • Tuesday • 10:00am & Thursday • 9:30am  
Adventure Stretches • Wednesday & Saturday • 9:30am  
Beachball Volleyball • Sunday • 9:30am

## Community Birthday Party

Join us as we celebrate all our **September Babies** at the Community Birthday Party and Happy Hour on Friday, September 27th, in the Vibrant Life Activity Room.

## Special Presentation

Residents and family alike are invited to a special presentation by Gene Landreth entitled "**Life-saving Hereditary Cancer Screening Now Covered by Medicare**" on Friday, September 27th, at 4:00pm. Please RSVP to Kristen if you plan on attending.

## September Holidays

### September 2

Labor Day

### September 11

Patriot Day

### September 23

First Day of Autumn

### September 29

Rosh Hashanah Begins

## Brunswick Birthdays

### September 16

Tom H.

### September 17

Steven T.

Evo F.

### September 27

Joy A.



## **InConcert Sierra Sunday Concert Series**

Brunswick Village has been given an incredible gift by an anonymous donor: two tickets to every InConcert Sierra Sunday Series Concert. What does that mean for us? That means every month two very lucky residents will have the opportunity to attend an InConcert Sierra event featuring live classical music performed by world-class musicians for free.



Please read through the information below and contact Kristen Day if you are interested in attending a specific show. Because we were gifted two tickets, this will be a first come first serve situation; your diligence in signing up is a must. Brunswick Village will provide transportation to and from each concert.

### **September 15, 2019 • InConcert Sierra Orchestra**

Our season opens with the alluring sounds of the InConcert Sierra Orchestra. Using audience requests, Conductor Ken Hardin presents a light-hearted tour of some of classical music's most popular works. Experience an unforgettable afternoon of greatest hits and lesser-known masterpieces.

### **October 20, 2019 • Michael Brown, piano**

Winner of a 2018 Emerging Artist Award from Lincoln Center and a 2015 Avery Fisher Career Grant, Brown is an artist of the Chamber Music Society of Lincoln Center. He is a brilliant young talent whose career will only continue to sky-rocket.

### **November 17, 2019 • Venice Music Project**

The first time you hear soprano Liesl Odenweller effortlessly hit a high note will send tingles down your spine. With exquisite musicians playing on period instruments (or exact re-creations to reanimate the tones and atmosphere of the Baroque era), your emotions will be further aroused into a wonderfully transporting experience. You will see and hear why "The New York Times" puts the Venice Music Project at No. 3 of what not to miss if you only have 36 hours in that city.

### **December 15, 2019 • Sierra Master Chorale & Orchestra – Holiday**

The spirit of the season is felt whole-heartedly throughout our annual holiday celebration that continues to be a seasonal tradition for many. Come celebrate with us!

### **January 19, 2020 • Escher String Quartet (+David Speltz, cello)**

The Escher Quartet has received acclaim for its profound musical insight and far tonal beauty. Expect supreme virtuosity expertly performed and you will not be disappointed.

**February 16, 2020 • Paul Huang, violin & Helen Huang, piano**

“When I read that Paul Huang has been called the next Joshua Bell, I was surprised, but when he played Prokofiev’s first sonata, with its expressive range and technical demands on the player, I understood why. Helen Huang’s playing is to be praised for the precise and consistent coordination with the violin that only a very talented and diligent musician can achieve. The pair will make the walls sing.” – Toronto Concert Reviews

**March 15, 2020 • Arnaud Sussmann, violin; Wu Han, piano; David Finckel, cello**

Honored by Minnesota’s Pioneer Press for a “sweet and smooth [sound] that can hypnotize a listener,” violinist Arnaud Sussmann joins forces with cellist David Finckel and pianist Wu Han – who are the co-directors of The Chamber Music Society of Lincoln Center and among the most influential classical musicians in the world.

**April 19, 2020 • Cantus, vocal ensemble**

Cantus is the only all-male artist-led, full-time vocal ensemble in the United States and has a year-round performing schedule making vocal waves around the world!

“Watch for this unique and charismatic group – it is just the sort of un-stuffy and engaging ensemble this nation needs more of, if we are to continue generating interest in serious music in an overwhelmingly pop-oriented culture.” – International Record Review

**May 17, 2020 • Sierra Master Chorale & Orchestra – Spring**

“Choral music... goes to the very heart of our humanity, our sense of community, and our souls. It’s like a great oak that rises up from the center of the human race and spreads its branches everywhere. That’s what music does for us. And choral music must stand as one of the supreme examples of it.” – John Rutter

**Harvest Fair and Picnic at the Lake**

**What:** Annual Harvest Fair as a part of the Draft Horse Classic and Picnic at Lions Lake for lunch

**When:** Friday, September 20<sup>th</sup>. Depart at 10:00am

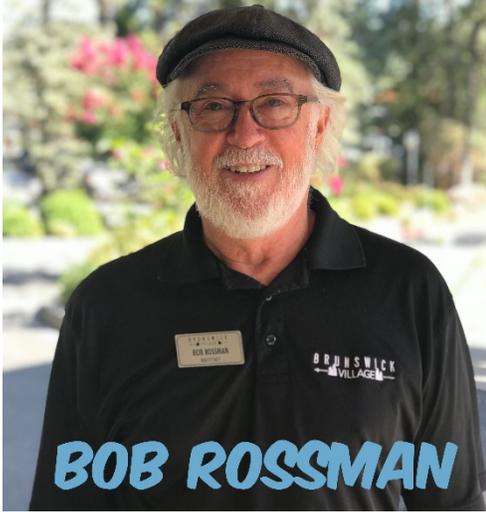
**Where:** Nevada County Fairgrounds

**What to Bring:** Around \$20 for any vendors at the Harvest Fair, lunch will be provided

**Sign up with Kristen soon, seating is limited!**

## Brunswick Village Employee of the Month

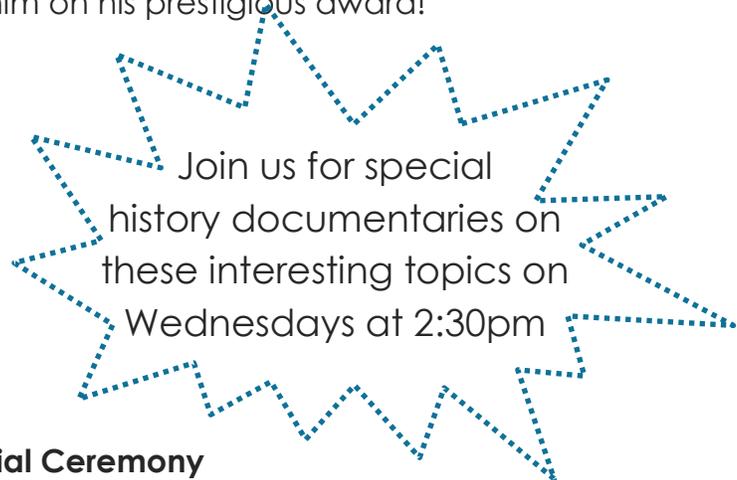
### August Employee of the Month



Allow us to introduce **Bob Rossman**, our August **Employee of the Month**. Born in Santa Cruz and raised in Santa Rosa, Bob Rossman is a Bay Area guy through and through. After high school, Bob attended Cal State Fullerton and San Francisco State, earning a degree in Television and Radio Broadcasting. Having worked in that industry for a short time, Bob focused mostly on computer graphics; more specifically animation and design on video games. In addition to working on popular games such as Madden™ and The Sims™, Bob was very involved in the theater. While perfecting the lead role of *Fiddler on the Roo*, Bob met his wife, Janet, who was the Vocal Director. After 10 years of friendship, the two married and moved to Grass Valley. The two helped form the theater group Sierra Stages and Bob works from home narrating audio books. Go to [RobertRossmann.com](http://RobertRossmann.com) to check out his work! Bob and Janet are proud grandparents to a 15-month-old granddaughter from daughter, Emily. We are very pleased to have Bob in our Culinary Services department and congratulate him on his prestigious award!

### Special Historic Days in September

- 9/4 – The Price is Right Day
- 9/11 – Patriot Day
- 9/18 – United States Air Force Birthday
- 9/25 – Sequoia National Park Birthday



### American Legion September 11<sup>th</sup> Memorial Ceremony



The Frank Gallino American Legion Post 130 will be performing a special memorial tribute to the tragic events of September 11<sup>th</sup>, 2001. The event will include a three-gun volley, special flag raising and some yummy donuts. We will leave Brunswick Village at 9:30am on Wednesday, September 11<sup>th</sup>.

## The Church Choirs are Back!

After a short summer hiatus, our visiting church choirs are back for the fall season! The **Peace Lutheran Choir** will be here on Thursday, September 19<sup>th</sup> at 9:30am and the **First Baptist Glory Choir** will be here on Thursday, September 26<sup>th</sup> at 10:00am.



# ASSISTED LIVING WEEK *spirit days* SEPTEMBER 8-14



**MONDAY - USA DAY**  
*Tuesday - Pajama Day*  
*WEDNESDAY - CRAZY SOCK DAY*  
*Thursday - Beach Day*  
**FRIDAY - TIE DYE DAY**

## Lazy Dog Ice Cream

The Lazy Dog Ice Cream Truck will be here to serve up delicious treats on Friday, September 27<sup>th</sup> at 2:00pm. Wait 'til I tell you the most important part... it's FREE to you! Brunswick Village will be picking up the tab! Come on down and enjoy the best ice cream bar you'll ever eat!



## Camp Livin' the Dream Courtyard Campout



The Livin' the Dream™ program offers residents a chance to try something they've always wanted to do, or to relive an old pastime. Our friend, Claire Gilmore, really wants to go camping like she did as a child. Because sleeping on the ground in tents isn't very comfortable, we're bringing all the fun things about camping to her and to you. Join us on Friday, September 27<sup>th</sup> at we roast marshmallows, assemble s'mores, tell campfire stories and sip hot cocoa around the campfire in the courtyard! The fun begins at 6:30pm.